

# Homer's Heroes Baseball League

## A Division of Junior SaltDogs



Homer's Heroes provides boys and girls with a wide range of disabilities the opportunity to experience the fun and emotional development of playing in an organized baseball league.

We play a modified game of baseball with a one hour time limit. Every player bats each inning, is "safe" at each base, and makes it all the way home every time they bat! Once everyone on the team has batted, the team takes the field where each player is thrown or rolled a ball to field after each at bat. Typically 2-3 innings can be completed within the one hour time limit.

## The Buddy Program

Each player is assigned a "buddy" to assist them. No training or special skills are needed to be a buddy. Buddies must be at least 10 years of age, have a willingness to help and a desire to serve others!

Homer's Heroes has been serving children ages 5-17 since 1992. We are grateful for all those who serve as buddies, allowing this program to continue. Our volunteers include members of service clubs, church groups, work teams, and baseball and softball teams who come in uniform and build team morale and unity while giving back to the community.

1. Priority one is the safety of your player. There is a lot going on during our games, so be watchful for balls, bats and any other distraction that could cause harm to your player.
2. Get to know your player, and stay with them at all times. Help them, keep them engaged, and encourage them.
3. Assist your player with finding a bat and helmet when up to bat and help them bat as needed.
4. Help your player advance from base to base after they hit the ball.
5. When taking the field, players spread out in the infield between first base and third base. Find an open area for your player where you will help them field balls.
6. After the game, help your player gather anything they brought with them. Stay with your player until they have been reunited with a parent or friend that brought them.

## The Role of a Buddy



# Homer's Heroes League Baseball

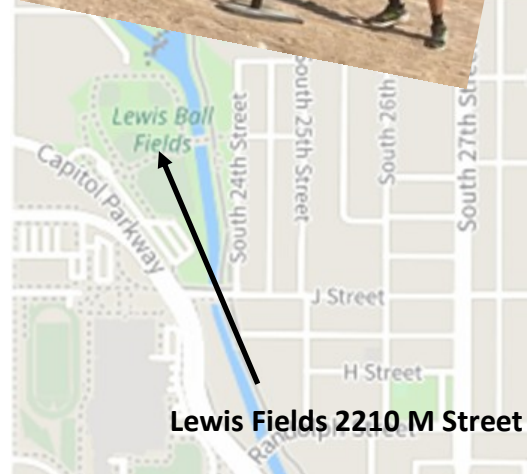
## How to Register as a Buddy

1. Due to the large number of buddies needed, we are always looking for teams and organizations to help us each week. To schedule one or more Saturday for your team or organization, please e-mail us at [homersheroesbaseball@gmail.com](mailto:homersheroesbaseball@gmail.com) or call Jodi McGill at 402-450-1225.
2. We have many individuals and groups that volunteer several or even every Saturday of the season! We are grateful for the ongoing support! To get involved as one of our regular volunteers, simply show up 15 to 30 minutes ahead of game time. First time buddies will fill out a registration form and receive a buddy shirt.



### 2025 Schedule

June 7	9:00 sign-in/9:30 game Lewis Field
June 14	9:30 game Lewis Field
June 21	9:30 UNL Women's softball field Haymarket Park—team pictures attend Salt Dog game - 6:05 pm
June 28	9:30 Cornhusker State Game Lewis Field
July 5	No game
July 12	9:30 game Lewis Field
July 19	9:30 game Lewis Field
July 21	6:30 pm Family Awards Picnic Haymarket Park



Season Begins June 7, 2025